



Covid-19 Update from Inspire Races

We would like to thank our community of participants who have remained with us and attended our sporting events over the last few months in these very uncertain times.

Since the lockdown restrictions were eased at the beginning of August, we have implemented a number of strategies to ensure your safety and wellbeing, whilst continuing to offer high quality and value for money sporting events for you to enjoy.

Given the changes in some restrictions that came into place on Monday, we would like to take the opportunity to remind you that we will continue to arrange events in line with guidance from The Government, UK Athletics, British Triathlon and British Cycling.

In response to these guidelines, we have implemented and been adhering to the following measures at all of our current sporting events:

- A limit on the number of available spaces
- Required Pre-registration - with no registration available "on the day".
- Staggered wave starts with 15 minutes between each wave
- No water tables or stops are provided – please ensure you bring your own drinking water
- Sanitisation stations – available in the race village for your use
- Race medals and mementos are posted out to everyone following the event
- Two Meter Social Distancing measures are kept to in the race village and while out on the course route at all times
- No spectators at the events or in the race village

We will endeavour to continue offering a regular programme of events as we have since restrictions were eased and do our very best to limit any disruptions to our calendar through cancellations. We are also continually looking forward to 2021 and being able to return to our normal events calendar whenever we can.

Again, thank you ever so much for your participation and support during this difficult time from all of us at the Inspire Races team and we hope to see you again soon.