



Race Rules – Snetterton Race Track 10k and 5k

1. This race is organised by WR Events Limited trading, as Inspire Races. None of its staff, sponsors, suppliers or agents will be liable for any injury, loss or expense which may arise as a consequence of your participation in this event.
2. A condition of entry is that you agree to abide by these Race Rules and the Rules of Competition as laid down by UK Athletics.
3. Entrants for this event must be aged 11 years or older for the 5k and 15 years or older for the 10k, on race day.
4. Entry to this race is personal to each applicant and once issued, race numbers may not be sold or transferred unless through the active online registration software. Any runner who passes their race number to another runner is liable for sanctions and any runner who competes while wearing another runner's race number will be disqualified and is liable for sanctions.
5. Once you have paid for your entry there can be no refund if you are subsequently unable to take part in this race. However, you may defer your place to next year's race, this needs to be done 1 week before race day, Please contact info@inspireraces.co.uk for more information.
6. We reserve the right to refuse or cancel applications, including duplicate applications, or alter the date of the event, the course route or distance.
7. Entrants to this race undertake not to take part unless they are medically fit to run a 5k or 10k, dependent on the race entered.
8. All runners are required to complete the contact and medical details on the back of their race number. This is a requirement of participation and may be checked by race officials prior to the start.
9. Race numbers must be pinned securely to the front of your running top using a safety pin in each corner. Timing chips must be secured firmly to the laces of one of your running shoes using the ties provided by us on race day.
10. No wheeled vehicles (except wheelchairs), dogs or following cycles are permitted.
11. As the 10k is a 2-lap race, slower runners are required to stay on the left kerb once the faster runners and wheelchair athletes start to overtake.
12. Any belongings left in the baggage area are stored at the owner's risk.
13. Race marshals and medical team members have the authority to disqualify and remove any runner they consider to be acting dangerously, or to be unfit to compete.
14. Runners are required to report any casualties immediately to the nearest first aid post or race marshal.
15. Individual prizes will be awarded as listed on the website www.inspireraces.co.uk
16. In the event of any dispute the decision of the Race Referee shall be final.